

Hospital Referrals

Referrals from hospitals can be made and accepted but ideally should come from the doctor.

If there is any suggestion of self-harm or harm to others the allocation will need to be to a Psychologist able to see someone under the Suicide Support Programme of ATAPS or MHSRRA. In any case, actively suicidal or violent clients should be referred to the local mental health service, including CAMHS in the case of young people.

We can take the client referred by a hospital staff member in cases where there is no suggestion of violence or self harm on a provisional basis from a nurse or allied health professional at a hospital and go ahead with triage and appointment making so long as there is a Mental Health Treatment Plan made by a doctor at the hospital or the client goes to their GP for one within two weeks of the referral. This is under the ATAPS and MHSRRA Programmes.

Mental Health Service Referrals

The exception is where the referral is made by a Mental Health Service - inpatient or community based to us. Any member of a Mental Health Team, including Child & Adolescent or Adult Teams, can refer to us without a Medical Practitioner Mental Health Treatment Plan. In these cases they generally provide us with far more information than is in a Mental Health Treatment Plan anyway.

Other Referrals

Similarly, any health or social services professional, including nurses and Allied Health Professionals, from any community organisation, e.g. Drug and Alcohol Services such as Holyoake, other NGOs (e.g. Share & Care, Uniting Care, Relationships Australia etc), Child Health Nurse, Department of Child Protection, Department of Child and Families, school Psychologist can refer to us and we will accept the referral on a provisional basis again, provided that the client obtains a Mental Health Treatment Plan within two weeks.

The above conditions apply to ATAPS and MHSRRA, the primary funded programmes where Psychologists work. If the referrer asks for a Counsellor and/or he or she and the client do not want to wait for a Psychologist but are happy to see a Counsellor, then we can make an appointment for a Counsellor without a Mental Health Treatment Plan.