

# Getting Started

Physiotherapy appointments can be made as a private patient.

Talk to your GP about a referral to the Physiotherapy team via an GP Management Plan.

# Value of Physio

Physiotherapists are health care professionals who maintain, restore and improve movement, activity and health, enabling individuals of all ages to have optimal functioning and quality of life.

# Cost

Private patients:

\$77—20 min consultation\*

\$88—40 min consultation\*

*\*may be claimable under private health*

Patients with GP Management Plans are billed to Medicare

# Contact the Physio Team

Wheatbelt General Practice – Northam

25 Holtfreter Avenue, Northam

Ph: 9621 4444

[northam@wheatbelt.com.au](mailto:northam@wheatbelt.com.au)

Wheatbelt General Practice – Toodyay

81 Stirling Terrace, Toodyay

Ph: 9574 2300

[Toodyay@wheatbelt.com.au](mailto:Toodyay@wheatbelt.com.au)

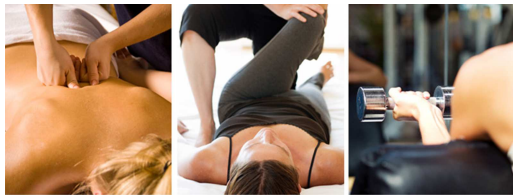


# PHYSIOTHERAPY SERVICES



# What to expect on your first visit

1. On your first physiotherapy consultation, the Physiotherapist will perform a detailed assessment to identify the primary and/or any secondary causes of your symptoms
2. Your Physiotherapist will explain their findings to you in easy to understand language using reference materials (such as charts and models), whilst providing you the opportunity to ask questions
3. Your Physiotherapist will work with you to establish treatment goals
4. Your Physiotherapist will then devise a specific plan of action to achieve these goals
5. Your physiotherapy treatment program will commence on the first session



# Who We Are

Wheatbelt GP Network (WGPN) is a not-for-profit health organisation that delivers primary healthcare throughout the Wheatbelt.

Our Physiotherapy team are committed to providing a timely client focused health service that is respectful of age, gender identity, disability and cultural diversity in the wheatbelt community.



# Services

- Musculoskeletal Injury Management
- Pre & Post-Surgery Rehabilitation
- Health & Age-Related Treatments
- Vocational Rehabilitation
- Personalised Exercise Programs

# Approaches Used

- Joint Mobilisation Techniques
- Joint Manipulation
- Muscle Stretching
- Neurodynamics
- Massage & Soft Tissue Techniques
- Dry Needling
- Laser & Ultrasound Therapy
- Electro Therapy

